

## **Fine Motor Skills:**

1. Scissor cutting-Put scraps of paper into a container. Place a piece of tape/band aid on child's thumb (the one that is cutting) The small hole is for 3 fingers-middle, ring, pinky. The pointer finger is out. The larger hole is for the thumb. Make sure thumb is on top and your child can see the tape or band aid.
2. Place a small amount of salt inside of a tray. Have your child use his/her finger to design, write, draw.
3. Draw to music. Use different varieties of music. If your child is holding the crayon with the palm of his/her hand, break it!!
4. Children can use a hole puncher to create holes. Lace holes with shoelace, string, etc.

## **Gross Motor Skills:**

1. Toss into basket- Put a basket (laundry, garbage, etc.) against the wall. Toss a ball, soft toy, etc. into basket.
2. Build pyramids, castles, anything with empty boxes, caps, empty rolls.

3. Freeze Dance or Shake Your Sillies Out!
4. Hula Hoop Toss- Empty bottles (milk or water jugs, soda bottle, etc.) Toss hula hoop

### Art:

1. Paint rocks and hide them
2. Create an Afikomen bag. Create it out of paper bag, empty shoe box, or folder
3. Squishy ball- Place flour inside a balloon. Tie the balloon. Put it inside of another balloon. Draw a smiley face on it.
4. Coaster-Use a lid. Pour glue inside. Place gems, pebbles, etc. Wait for it to fully dry
5. Decorate a tissue box.

### Math:

1. Count the number of holes that your child created with the hole puncher.
2. Create patterns using different materials.
3. Outdoor time! - Stepping Stones- Use chalk to create circles. Write a number in each circle. Have your child jump from one to another.

4. Use an empty egg carton. Place pom poms, rocks, or other materials. Have your child place some in. When there are only a few remaining empty spaces, count the number of spaces together. Ask you child to count out how many (rocks) will be needed to fill the spaces

### Literacy:

1. Label objects in your home.
2. Tape a photo to construction paper of a family member or your child's friend. Record his/her ideas in a sentence of two under the picture. Ex: This is Morah Carissa. She sings songs and plays with me. You can bind the pages together to create a book.
3. Rhyming Game: Rhyme with their names. Rhyme with their favorite colors. For example, if you want to be clean and your wearing the color\_\_\_\_\_, wash your hands. Have your child fill in the rhyming word.
4. While reading a book with your child, please ask questions. Always think about who, what, how, why, when. Children thrive on repetition. They

may ask for the same book and ask the same questions. This will help them be confident with sequence order and comfortable with retelling it.

### Language:

1. Interview a friend or family member. Have your child ask 2 or 3 questions.
2. Find a wordless book in your home. If you don't, you can cover the words with paper. Have your child look at the illustrations and come up with his/her own words.
3. Ask open-ended questions for conversations while your child is eating a snack.