

## At home Activities

EC3B - Morah's Lauren and Chani

Our Unit we will be focusing on over the next 3 week is Passover. Children like repetition. It is more than acceptable to do activities over and over.

### Cognitive

- Build pyramids and castles with boxes, cereal boxes, tissue boxes, shoe boxes
- Build pyramids with plastic/paper cups /tupperware or sugar cubes . Encourage children to count how many cups they used and to measure how high they can build.
- Use ice trays or egg cartons to sort items such as buttons, beads, pom poms . cheerios. Children can make a pattern or sort by numbers, color or size.
- Scavenger hunt in your house by color. Find 10 items in your house that are green/blue/red/yellow.
- Make a list of things to find in your house like a purple crayon/pot/spoon/black sock and collect in a bag. Play the remembering where they came from the game to put everything away. (use binoculars that you made in art to help find ites)
- Collect small items around your house and fill a bin with water. See which items sink or float? Have your child predict before what they will do.
- Play Chametz verse kosher for pesach with items in your house.
- Play what's missing game? Put 5 items out and have your child close their eyes then remove one item and have them tell you what's missing.

### Math

- Count how many squares you have in your house.
- Collect 5 rocks and paint the numbers 1-5 on the rocks. Have your child paint that number of dots on the rocks. You can use a Q tip. When dry your child can put them in order.
- Give your child one of the rocks and ask them to find that amount of items that are the same like 1 blue ball, 2 grey shoes, 3 yellow leggo, 4 tan blocks. 5 green magnatiles.
- Count throughout the day. How many steps to the bathroom? How many doors in the house?
- Sort laundry by color or item?
- Have your child help set the table for meals. Count how many people will be at the table. Invite your child to pick out the correct number of utensils, bowl, cups.
- Count pennies while putting them into the Tzedakah box.
- Count 4 cups of wine in English and Hebrew.

## Fine Motor

- Pour salt on a tray and spread out in an even layer. Have your child write letters or shapes using a paintbrush or finger.
- String pasta or Cheerios on pipe cleaners or string.
- Play dough using golf tees, hammers, rollers, beads, sticks. Toy animals
- Set up writing station with markers, scissors, glue and various types of paper, Let your child be creative while cutting and glueing
- Using a paper plate have your child draw circles around the plate in different colors.
- Trace bodies with chalk
- Trace shadows. Put paper outside and choose a toy or shape. Create a shadow on the paper and trace around it with a pencil or marker.
- Make Cheroset
- Cotton balls and pom pom with tweezers or tongs-transfer them to an empty egg carton.

## Gross Motor

- Put masking tape on floor and have child walk on it like a balance beam
- Jump over the river - put 2 pieces of yarn parallel. Have child jump over it and keep moving the yarn further apart until they jump in the river.

## Sensory

- Shaving cream on ( table top or tray) practice writing letters or names.
- Fill a bucket of water, put out some paintbrushes and paint the fence or driveway.
- Mix flour and water and roll out and make Matzah. Prick with a fork to create holes.
- Fill a bowl  $\frac{1}{3}$  of the way with salt - have children use a stick of chalk to stir the salt and watch it change color (save in bag for art project)
- Make play dough (recipe on whats app) and add items to it like beads/ play animals/ sticks. You can make different colors and add scent like vanilla extract.
- Wash toys /dolls using soap and sponges.
- Wash the car and use an old toothbrush to wash wheels.
- Using sidewalk chalk have your child draw a rainbow using different colors. Let your child use a spray bottle to spray and watch what happens to the chalk and colors.
- Drop leaves in water to see if they sink or float.
- Fill a large Tupperware with rice and use plastic colored eggs to scoop or pour. (do outside on patio)

## **Creative Art**

- Paint with leggo to make Matzah prints.
- Paint with celery heart
- Leaf rubbings ( place paper over leaf and rub over it with the side of the crayon)
- Bark rubbing
- Set up still life of a fruit, flowers sticks, or pesach items and have child paint using watercolors.
- Paint with potato mashers.
- Paint with hammers
- Nature collage with glue and paper with items collected on your nature walk
- Make binoculars - two rolls of toilet paper taped together attach string.

## **Science**

- Celery experiment - Take 3 stalks of celery and put each one individually in a large cup filled  $\frac{3}{4}$ . Add a different color food coloring to each cup. Watch over a couple of days to see what happens. Save the heart to paint with another day.
- Egg experiment - you will need 2 hard boiled eggs. Place one egg in a cup with plain water. Place the other egg in a cup with vinegar. Wait 24 hrs to see what happens.

## **Cooking experience**

- Make challah dough on Thursday afternoon or Friday morning ( recipe to follow on whatsapp) add chocolate chips; raisins, apple, cinnamon.
- Charoset - wash and peel apples. Help children chop apples, add grape juice, cinnamon and walnuts if you choose.
- Edible pyramids with crackers and peanut butter, cream cheese.

## **Dramatic Play**

- Reusable grocery bags - let the children collect items around the house and fill the bag.
- Use real life items such as tupperware, wooden spoons, pots and pans for play.
- Have children help sweep up crumbs with a broom or dust pan.

## **Outdoors and nature**

- 5 senses walk in nature. Use binoculars to see birds/butterflies/dragonflies/. Listen to the birds and outdoor noises. Smell the flowers. Feel the bark of trees and the grass. Eat a juicy apple under the tree while watching the butterflies and listening to the birds.
- Read a book outdoors
- Look for animal tracks and animal homes
- Collect nature items.
- Use a stick to draw lines in dirt or sand
- Freeze nature items in ice and then use spray bottles to melt the ice.