Lesson Plan - March 18 - 20

Math

Count and sort- Use crayons, Legos, markers, jelly beans etc. Have children count how many you have in total. Ask them to sort by color and ask how many they have of certain colors. You can also do simple addition with them. Introduce the addition symbol (+) and use it to connect the idea of combining sets to get a total.

Sort your socks- Have your child help you sort your socks and find matches. Ask them which go together and how many matches do you have?

Lily pad with numbers- Cut out a few Lily pads and frogs. Have kids color them for you. Write a number in the middle of Lily pad. Have kids put the correct number of frogs on Lily pad.

Phone number- Have children practice their phone numbers.

Writing and Language

Introduce the letter P. Have kids write P

As we learn in our Handwriting Without Tears program, please remind the children to start the letter at the top and make a big line down, then jump up to the top and make a little curve to form a P.

Make the letter with shaving cream, play dough, slime etc.

Write letters to senior citizens. I thought it would be such a nice mitzvah for the children to make cards and I will send info where they can go. It will put a smile on lots of faces that can use cheering up.

Write a story about a stuffed animal or something special at home. You can also do your story with pictures. Have your child recall the beginning, middle and end while you write with them. The children love to dictate stories about topics that interest them. Ask them to tell you a story about whatever they want and take down their words exactly as they say them. Start a book of their stories and read them back to them.

Scavenger Hunt- Find things that start with the letter P. Send us a picture on WhatsApp with your child and as many things as you can such as peanut butter, penny, purse, pencil, pen, ponytail holder, pink crayon, paper, plant or a pillow.

Gross Motor

Have kids play hopscotch. You can have your child throw a pebble to the square and do jumping jacks or hop on one foot.

Play freeze dance and have them freeze in the animal you call out.

Play volley ball with a balloon.

Fine Motor

Have kids write letters with shaving cream. Put shaving cream on tray and let them write letters and practice their names.

Have kids cut pictures of things that start with the letter P out of magazines. Have them glue them on paper.

Make purple play dough with your children (Talk about which colors you would need to mix to make purple). Add in kiddush cups, or plastic cups to play with, representing the 4 cups of wine/grape juice of the Pesach seder.

Link for play dough recipe (note the glycerin is optional) https://theimaginationtree.com/best-ever-no-cook-play-dough-recipe/

Pyramid construction:

Print or show pictures of pyramids to your child and let them build their own with blocks/magnatiles/empty boxes of all sizes. An alternative can be stacking plastic cups into pyramids.

Have children cut iceberg lettuce to make a salad.

Have kids glue beans, buttons or anything small you have at home on the letter P. Just write a letter P on paper or cardboard and let them glue away.

Science

Dancing rice- Children will love watching their rice or raisins dance. Pour one cup of water into clear container. Add 1 teaspoon of baking soda and stir. Sprinkle rice or raisins into container. Ask kids what is happening. Add vinegar and observe what how the vinegar reacts with the baking soda. The children will love how carbon dioxide is created. The raisins or beans will start to dance.

Sensory

Make kinetic sand- 2.5 cups of sand
1.5 cups corn starch
1/2 cup of oil
Have kids make pyramids out of kinetic sand.