

EC3A Lesson Plans

Art:

1. Salt art- Have your child squeeze out glue onto paper to create a design. Next, sprinkle salt on top of the glue. Let the glue dry. Finally, after it is dry, paint the salty glue with watercolors.
2. Matzah rubbings- Place a piece of paper over matzah. Peel off paper from crayon. Use the side of crayon to rub the paper. You may use this technique with leaves, coins, etc.
3. Painting with nature-Dip leaves, flowers, twigs, etc. into paint
4. Place a big sheet of paper onto the wall. Have your child lay down on his/her back to use toes/feet to draw
5. Draw with a Shabbat candle onto white paper. Can't see it? Go over it with watercolors. Let the magic appear!

Science/Sensory:

1. Oobleck (Solid-liquid)-Equal parts cornstarch and water
2. Ice Sculptures- Create different shapes, sizes, etc. of containers to create ice blocks with your child. After the water freezes, take them out and build pyramids with them. You can also paint on them as well.
3. Place candy (like skittles) around the outline of a plate. Use droppers (medicine droppers) to squeeze water in the middle of the plate. What happened to the candy and water? (Creates a rainbow)

Math:

- 1: Play Go Fish with cards

2. Quantifying- Put 6 cotton balls into a clear jar. Place 10 cotton balls into another clear jar. Place jars onto a piece of paper. Ask your child to guess which jar has more or less. Have your child count the cotton balls on the paper. Ask your child which paper has more.

3. Copycat Rhythm: Invite your child to use anything to create a sound. You create a simple rhythm of one-two one-two. Have your child repeat. If this is too simple, create one-two-three one-two-three. They can also create their own rhythm pattern for you to repeat.

4. Block Patterns-Discuss with your child the shape of each block and count the sides and corners. Create 2 shape patterns. Ex, square, triangle, square, triangle. Ask your child what comes next? Have your child create a pattern too.

Language:

1. Sandwich Stories: Engage in conversations. Explain to your child that he/she will be making own snack. Show him/her the ingredients and cookie cutters. Assist as needed. Next, invite your child to choose a shape for the sandwich. Have your child describe the different shapes that are available. Show your child to press down and peel edges away with the cookie cutter. Make comments about what he/she is doing. For ex., I see that you have chosen the dog-shaped cookie cutter. You are working hard at pressing down to cut out your shape. Before your child eats the sandwich, ask her/him about the shape that was chosen. For ex., What does a dog sound like? Where would you find a tree like that one?

2. Create sound play stories- Read a book with your child. Retell it with props in sand. First, set the scene. Ask, where should we put the houses? How can they stand up in the sand? Then ask, what happened first in the story? How can we do that with the sand and the props?
3. Cooking together: Use words like First, Second, Third, Next

Literature:

1. Create a book: Go on a walk and take paper and a pencil with you. Have your child observe his/her surroundings. Ask your child what do you see? Write it down. At the end of your journey read to your child about his/her experience. I went walking and I saw: Staple the pages together. They can illustrate the book too.
2. When reading a story have your child make personal connections.
3. Read books by the same author. Ex: Eric Carle books or Todd Parr books.
4. Read a rhyming book, ex, Dr. Suess, encourage your child to say the rhyming word.
5. Clap out a friends name. Count out the number of claps. This helps your child notice and discriminates the discrete units of sound.