

## **Suggested At Home Activities**

Turning Two's-Morahs, Stephanie, Lauran & Dena  
EC2A-Morahs Tara & Adina  
EC2B-Morahs Debbie & Sivan  
**April 20-24, 2020**

Our unit of concentration over the next week is Favorites from this school year. Children like repetition. It is more than acceptable to do activities over and over again.

**Each Day this week will be a theme.**

**Monday-Wear your favorite color shirt to our zoom meeting.**

**Tuesday-Wear pajamas and bring your favorite stuffed animal to zoom meeting.**

**Wednesday-Bring your favorite fruit or vegetable to zoom and we will have snack together.**

**Thursday-Show-n-Share-bring your favorite toy to zoom.**

**Friday-Bring your favorite instrument to the zoom Shabbat party.**

### **Cognitive**

- Adding flowers to the mountain Har Sinai-counting as a group during zoom
- Look at photo albums and talk about past experiences
- Play games like "Simon Says" using two- and three-step directions.
- Play games like, "What do they have in common?" Show children pictures of various animals, people and/or objects and have them communicate ways in which they are alike/different.
- Play memory games with children.
- Indoor obstacle course-example will be sent via what's app
- Opposites activities up/down, over/under, black/white
- Schedule adequate time for pretend play to take place both indoors and outdoors.

### **Creative Art**

- Cut out a mountain from construction paper (Har Sinai) Color it green with markers or crayons-This will be used to add flowers or stickers each day when we count the Omer on our Zoom call
- Painting with water balloons
- Each day color or paint with a different color of the rainbow
- Finger paint with paint or shaving cream
- Shadow Tracing-example will be sent via what's app
- Sidewalk art chalk (you can also dip the chalk in water which gives a paint affect)

### **Dramatic Play**

- Use plastic containers, wooden or plastic spoons, pots and pans for cooking
- Baby dolls, blankets
- Reusable grocery bags-let the children collect things around the house to fill the bag and dump out
- broom & dust pan

### **Sensory**

- Fly swatters with large holes; shallow pan; bubble solution or diluted dish soap (outside activity)
- Safari sensory bin with plastic animals and uncooked rice
- Construction sensory bin with a variety of beans; black, lima, pinto with trucks and cars

### **Math**

- Count the Omer daily-this week we will count days 11-15
- Provide a variety of materials to help children develop an understanding of quantity. Offer buttons, bottle caps, keys, sticks, beans, sugar cubes and other materials for children to count and compare. Use words like more, most, less, fewer, least, same as, or equal.

- Identify patterns in daily routines. For example, you might say, "Every day we follow the same pattern. After we eat breakfast we cleanup, then we brush our teeth then play time. After we have Zoom time with your morahs"
- Call attention to patterns in the environment. For example, you might say, "you have a pattern in your shirt: blue stripe, red stripe; blue stripe, red stripe; blue strip, red stripe?" or "you made a pattern with your blocks: up, down; up, down; up, down?"
- Take advantage of daily opportunities to talk about comparing and measuring. When children debate about who found the longest rope or who has the biggest leaf, encourage them to compare by laying them side by side or placing one on top of the other.

### **Gross Motor**

- Provide time every day for outdoor play. Make sure there is sufficient space for running, jumping, skipping, and galloping.
- Provide riding toys for children to push with their feet and eventually pedal.
- Play games with toddlers to promote balance. Place a few objects, such as beanbags, several feet away from a large bucket. Encourage the child to walk from the bucket to the beanbags, pick one up, walk back to the bucket, and drop it in.
- Encourage children to stop, change directions, or walk up and down low ramps to promote their balance as they walk.
- Provide opportunities for toddlers to practice releasing balls into targets such as large baskets, buckets, or a small basketball hoop.

### **Fine Motor**

- Offer activities that strengthen toddlers' hand grasp such as pulling scarves from a hole cut in a box.
- Provide activities to strengthen the hand grasp and release of toddlers and older children, e.g., using squirt bottles, medicine droppers, hole puncher, using clothespins, and play dough.
- Include activities for toddlers that support eye-hand coordination such as stringing beads on pipe cleaners or laces, picking up objects with tongs or tweezers, placing various sized pegs in holes, and folding paper.
- Include activities for toddlers that require using two hands together such as tearing paper, opening and closing containers, using wind-up toys.
- Take advantage of self-care activities such as hand washing
- Pre-writing practice with markers, crayons, pencils
- Play dough with hidden treasures-coins, elbow pasta, gems