Suggested At Home Activities

Turning Two's-Morahs, Stephanie, Lauran & Dena EC2A-Morahs Tara & Adina EC2B-Morahs Debbie & Sivan May 18-June 5, 2020 (No School May 25, 28-29, 2020)

Our unit of concentration over the next two weeks is Shavous and Summer fun activities. *Children like repetition. It is more than acceptable to do activities over and over again.*

Cognitive/Math

- Adding flowers to your at home Har Sinai. Counting the Omer.
- Play games like "Simon Says" using two- and three-step directions.
- Play memory games with children.
- Schedule adequate time for pretend play to take place both indoors and outdoors.
- Rhyming words
- Identifying opposites around the house
- Count and sort of berries (blueberries, raspberries, blackberries, strawberries)
- Flower finger play counting
- Ice cream & Shavous puzzles

Creative Art

- Tulip painting with plastic forks w/ Morah Tara-Wonderful Wednesday
- Sun visors-sent home in activity packet
- Sun catcher-sent home in activity packet
- Paint with feather on Torah-sent home in activity packet
- Finger paint Lichtenstein-sent home in activity packet
- Paint with watermelon rind
- Flower crown for Shavous sent home in activity packet
- Scavenger hunt around the house-find and count10 items (ten commandments)

Science/Sensory

- Make ice cream with kosher salt and milk or cream
- Nature walk to gather flowers for crown
- Bubbles-sent home in activity packet
- Science with milk & dish soap w/Morah Debbie-Wonderful Wednesday
- Water balloons/water play/sprinklers
- Paint with frozen paint/ice cubes

Gross Motor

- Alef Bet Yoga
- Provide time every day for outdoor play. Make sure there is sufficient space for running, jumping, skipping, and galloping.
- Play music during movement activities.
- Use traveling movements to transition children from one activity to another. Invite children to walk slowly, quickly, sideways, or backwards.
- Provide riding toys for children to push with their feet and eventually pedal.
- Play games with toddlers to promote balance. Place a few objects, such as beanbags, several feet away from a
 large bucket. Encourage the child to walk from the bucket to the beanbags, pick one up, walk back to the
 bucket, and drop it in.
- Encourage children to stop, change directions, or walk up and down low ramps to promote their balance as they walk.
- Provide opportunities for toddlers to practice releasing balls into targets such as large baskets, buckets, or a small basketball hoop.
- Use scarves or balloons to practice catching. These items are easier to catch than balls because they move slowly and give children time to position themselves for a catch.

Fine Motor

- Play dough
- Scissor practice w/ handout that was sent home
- String beads or Cheerios

Extract seeds from melon